

PORTLAND ADVENTIST ACADEMY COUGAR ATHLETIC CONTRACT

The athletic program at Portland Adventist Academy is designed for the development of each participant's physical, mental, spiritual and social skills. To ensure the continued success of this program, each participant must demonstrate responsibility, self-discipline, and a positive attitude. This contract will help both students and parents understand the program's goals and objectives as well as its rules and requirements.

GOALS

All students should:

- ◆ Create an atmosphere that elicits positive feelings from teammates, other schools and game officials.
- ◆ Place games in proper perspective
- ◆ Make fair play and sportsmanship a high priority.
- ◆ Apply Christian principles during both practices and games.

PARTICIPATION

Any student who meets OSAA eligibility requirements may try out for a school athletic team. A copy of the OSAA Handbook is available for review and copying from the Athletic Director. While coach's work together to evaluate player candidates, the head coach for every team makes the final decision regarding the final team roster. Each coach's priorities may vary, but players are generally selected on skill level, attitude and academic standing.

It is a privilege to participate on a school athletic team. ALL TEAM PRACTICES, ATHLETIC CONTESTS, AND RELATED FUNCTIONS ARE MANDATORY. The only exceptions are sickness or the death of a close family member. If unusual circumstances occur, the coach must be notified in advance. Failure to do so may result in suspension from the team. Penalties will be enforced by the coach, the Athletic Director and the school administration.

PHYSICALS

Physicals are mandatory for all students entering the Freshmen and Junior classes. Each student trying out for a school team must pass a physical examination. However, we recommend that student athletes also obtain a physical for the Sophomore year. Statistics indicate that most body changes and health problems surface during this grade level. **Before students may practice for a PAA team, they must pass a complete physical examination and submit a verification form to the Athletic Director.**

ATHLETIC USER FEES

The athletic program operates on donations and ticket sales and must assess fees to help pay for expenses. Consequently, all students selected for a school team are required to pay a user fee. This fee must be paid before the first game. Players will not be allowed to play unless the user fee is paid. A game uniform will not be issued to a student that has not paid this fee.

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| Cross Country | \$50.00 | Basketball—Varsity | \$95.00 |
| Volleyball—Varsity | \$95.00 | Basketball—JV | \$65.00 |
| Volleyball—JV | \$65.00 | Basketball—JV2 | \$55.00 |
| Soccer—Boys | \$95.00 | Golf | \$150.00 |
| Soccer—Girls | \$95.00 | Softball | \$95.00 |

All team members are required to travel to and from all away games with the team. Coaches may, in their sole discretion, permit team members to ride to and from games with private parties, provided the coach receives written permission from the team member's parents prior to departure. Athletes must not leave away games without permission. Any exceptions must be cleared with the Athletic Director or the Principal. Arrangements for meals should be made prior to each trip. Buses will not stop after games on school nights.

COUGAR ATHLETIC CONTRACT (CONTINUED)

POSITION STATEMENT

OSAA is committed to a strong interscholastic activities program for all students. Participation in high school activities provides unparalleled opportunities to break barriers of racial, ethnic, religious, economic and social differences. This booklet has been prepared to present a code of conduct for interschool administrators and practiced by all members of a school and community will produce a positive atmosphere in which ethical conduct, fair play and sportsmanship will be emphasized. It is the intent of OSAA that member schools utilize this booklet as a guideline in developing and/or improving district policies and procedures.

CODE OF CONDUCT FOR INTERSCHOLASTIC ACTIVITIES

1. To emphasize the proper ideals of sportsmanship, ethical conduct, and fair play.
2. To eliminate all possibilities which tend to destroy the best values of activities.
3. To stress the values derived from playing/performing fairly.
4. To show cordial courtesy to visiting teams and officials.
5. To establish a happy relationship between visitors and hosts.
6. To respect the integrity and judgment of officials.
7. To achieve a thorough understanding and acceptance of contest rules and the standards of eligibility.
8. To recognize that the purpose of activities is to promote the physical, mental, moral, social and emotional well-being of the individual players.

For a school to practice the code of conduct in interscholastic activities, it must agree:

1. That the educational process is fundamental to high school sports and activities.
2. That activity should involve as many students as possible in as great a variety of programs as possible.
3. That specialization is not the essential part of a high school program nor is it the sole purpose to prepare students for college or professional programs.
4. That the values taught are more important than the skills of the program. Values such as self-discipline, self-control, consideration and respect for others, sacrifice, difference between privilege and right, acceptance of wins and losses and respect for regulations must be taught.

TRANSPORTATION

Students should make sure parents know when the bus will return to school after an away games. Parents should plan to pick up or arrange a ride for their students at the scheduled time. It is important that coaches and players leave for home as soon as possible.

UNIFORMS

Uniforms will be checked out to each player at the beginning of the season. Players are responsible for their uniforms from the time they are checked out until the uniforms are checked in at the end of the season. **PLAYERS WILL BE CHARGED FOR LOSS OF UNIFORM AND FOR ALL DAMAGE TO UNIFORMS OTHER THAN ORDINARY WEAR AND TEAR.** Please read the care instructions before washing. **ALL UNIFORMS MUST BE WASHED IN COLD WATER. DO NOT USE BLEACH.**

DRESS CODE

Team members will dress in accordance with school handbook policies. Each coach may establish specific dress requirements. Athletes should dress in a manner that reflects positively on PAA.

CONDUCT

All team members are constantly in the public eye. They are viewed both by PAA's community and the other school's communities. It is important that all athletes represent PAA's high standards at all times including pre-game, game time, and post game.