

# COUGAR BASKETBALL CAMP 2018

## Camps (Boys & Girls)

Future Stars (Grades 2-5)	June 25-29	From 9 a.m. to 12:30 p.m.
Cougar Camp (Grades 6-9)	June 25-29	From 12:30 p.m. to 4 p.m.

Cost: \$85 camp fee (includes camp t-shirt)  
 \*\$25 deposit necessary for reservation.

To receive your multiple camper discount online type in "discounts".

### General Fundamentals

- Basic Footwork
- Triple Threat Position
- Jump Stop
- Dribbling
- Passing
- Rebounding
- Shooting

### Defensive Concepts

- Basics of the man-to-man defense
- Basics of different zone defenses
- Positioning and footwork

### Offensive Concepts

- Attacking a man-to-man defense
- Attacking a zone defense
- Teamwork within an offense

### Other Benefits

- Games, games, and more games
- Fun with friends
- Cougar Camp T-shirt
- Daily refreshments

## Camp Registration Form

Camp selection:	Date	Price
Cougar Camp (grades 6-9)	June 25-29	\$85
Future Stars Camp (grades 2-5)	June 25-29	\$85
Multiple Child discount (for each child)		(\$10)
Total:		_____

Camper #1 Name	Grade	Camp selection
Camper #2 Name	Grade	Camp selection
Camper #3 Name	Grade	Camp selection
Name (Parent/Legal Guardian)		
Address		
Phone		

*Payment Choice*

- Check enclosed for \$25 deposit per child, balance to be paid 1st day of camp
- Check enclosed for full payment

\_\_\_\_ Photo Release Waiver: I grant my permission for Portland Adventist Academy to use my child's photograph in publications or media to promote the camp without royalty or compensation.

\_\_\_\_ Medical Release Waiver: I hereby authorize the directors of Cougar Camp to act for me according to their best judgment in any case of emergency requiring medical attention. I know of no mental or physical problems, which might affect my child's ability to safely participate in the camp. I will be responsible for any medical or other charges in connection with his or her attendance at camp. I have read and understand the conditions set forth in this statement.

Signature: Parent/Legal Guardian \_\_\_\_\_

Camper's Insurance \_\_\_\_\_ Policy # \_\_\_\_\_

Emergency Contact Numbers \_\_\_\_\_

1500 SE 96th Ave, Portland OR, 97216  
 Phone: 503-255-8372 ext. 221 Fax: 503-255-5132  
 Email: [ljudd@paasda.org](mailto:ljudd@paasda.org)

Registration can be completed sending in the form with payment or online at:

**[www.paasda.org/sports](http://www.paasda.org/sports)**

\*Go to the sports drop down menu select summer and the appropriate camp week